

POSLA RUMENA

Origin:	<i>Eastern Serbia</i>
Source:	<i>Dobrivoje Putnik</i>
Formation:	<i>Open circle with arms in "V" position facing centre</i>
Meter:	<i>2/4</i>

FIGURE 1

*Step R ft frwd slow, L ft lift behind R calf.
Step L back, raise R slightly off the ground, cross over L over R to R,
starting with R
On third finish with L ft raised.
Step in place (L, R) for two beats.
Repeat from beginning but starting with L, going left.*

FIGURE 2

*Facing right, step R, bring L behind R two times slow.
Starting with R, triple step fast (1,2,3) 2x.
Hop right, hop left slow.
Repeat from beginning again going right.*

STARA SAPCANKA (Old dance of the city of Sabac)

Origin:	<i>Western Serbia</i>
Source:	<i>Village Group Bogatic</i>
Formation:	<i>Open circle with hands in "V" position or promenade</i>
Meter:	<i>2/4</i>

FIGURE 1

- Facing centre

Hop on L, step on R, step on L. Jump on both feet & hold.

Step R to R, step L in place, step R next to L.

Step L in place, step R to R, step L in place.

Close R to L – hold with weight on R.

- Repeat above with opposite ftwk.

- Repeat all the above.

FIGURE 1

Step R fwd, step L in place, step R next to L, step L in place, step R fwd.

Step L in place, step on R with weight.

Repeat above using L ft moving fwd & step R in place.

Moving to the right – step R to R, step L behind ,

Step R to R, step L behind, step R to R, step L behind,

Step on R with weight.

Step L to L, step R behind L, step L in place (1 & 2)

Step R to R, step L behind R, step R in place (1 & 2)

Repeat Figure 2 in opposite direction & ftwk.

